

Swimmer Profile	
Name: Sean Register	Age: 13
Club: Karori Pirates	Coach: Steve Francis
About	
Greatest achievement in swimming: Two silvers and a bronze at NZ Juniors. Going to NAGs the same year as I went to Juniors.	
Major goals for the next 2 years: Qualify and go to Opens and medal at NAGs	
What is your pre-race ritual? Visualise the race in my head over and over. Various muscle warm ups multiple ways.	
If you could only eat one thing for the rest of your life what would it be? Eggs	
Who or what inspires you and why? I love feeling fit and the competition and nerves at every meet.	
School/University/subjects/company/position? Wellington College – Year 10	